a regulator body having a gas inlet admitting gas at high pressure;

an upper chamber receiving gas from said gas inlet;

a lower chamber;

a gas outlet receiving gas from said lower chamber;

a passage from said upper chamber to said lower chamber;

an atmospheric pressure chamber;

a movable piston having a bottom surface exposed in said lower chamber and a top surface exposed in said atmospheric pressure chamber;

a variable orifice controlling flow of gas through said gas inlet, said variable orifice being controlled by said piston; and,

five biasing springs urging said piston toward said lower chamber.

- 2. The regulator of claim 1, wherein said piston has a central axis and said springs are received in recesses evenly spaced about a circle concentric with said axis.
 - 3. The regulator of claim 2, wherein said recesses are cylindrical pockets.
 - 4. The regulator of claim 3, wherein said spring retaining pockets are in a spring ret.
- 5. The regulator of claim 4, wherein said regulator body is generally cylindrical and has an axis and said piston axis is coaxial with said regulator axis.
 - 6. An oxygen gas regulator for medicinal use comprising:

a regulator body having a gas inlet admitting gas to an upper pressure chamber; a lower chamber communicating with said upper chamber having a low pressure gas outlet;

a piston exposed to said lower chamber, said piston controlling an orifice controlling the flow of gas into said upper chamber; and,

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five biasing springs urging said piston toward said lower chamber.

- 7. The regulator of claim 6, wherein said orifice is at the junction of the gas inlet and the upper chamber.
- 8. The regulator of claim 7, wherein said orifice formed by the center of said piston and said gas inlet.
- 9. The regulator of claim 8, wherein said piston has a central axis and said springs are received in cylindrical pockets evenly spaced about a circle concentric with said axis.
 - 10. The regulator of claim 9, wherein said spring retaining pockets are in a spring port.